

# September

	9/1	9/2	9/3	9/4
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.	Choc Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Mixed Fruit - 1/2 cup Peanut Butter - .75oz Spoon/Bag/Baggie	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Orange Juice - 6oz Applesauce - 1/2 cup Spoon/Bag	Milk - 1% - 8oz Cheerios - 1oz Orange - Whole Greek Yogurt - 5.3oz Spoon/Bag	Milk - 1% - 8oz Bagel - 2.3oz Orange Juice - 6oz Cream Cheese Spoon/Bag/Baggie
	Lunch	Lunch	Lunch	Lunch
	Milk - 1% - 8oz Turkey & Cheese Wrap Lettuce - 1/4 cup WG Ched Goldfish - 1.5oz Apple Slices - 1/2 cup Peanut Butter - .75oz Yogurt - 4 oz Must/Mayo Bag/Spoon	Milk - 1% - 8oz Muffin - 1 serving String Cheese - 2oz Yogurt - 4 oz Carrots - 1/2 cup Peaches - 1/2 cup Ranch WG Ched Goldfish - 1.5oz Bag/Spoon	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz Pretzel Goldfish - .75oz Tomatoe/Cuc - 1/4 cup Peaches - 1/2 cup Yogurt Bag/Spoon	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Mixed Fruit - 1/4 cup Carrots - 1/2 cup Yogurt - 4 oz Cheddar Cheese - 1oz Ranch Bag/Spoon
9/7	9/8	9/9	9/10	9/11
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Mixed Fruit - 1/2 cup Peanut Butter Bag/Spoon/Baggie	Milk - 1% - 8oz Cheerios - 1oz Orange Juice - 6oz Bag/Spoon	Choc Milk - 1% - 8oz Bagel - 2.3oz Orange - Whole Cream Cheese Bag/Spoon/Baggie	Milk - 1% - 8oz Kix - 1oz Orange Juice - 6oz Greek Yogurt - 5.3oz Bag/Spoon	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Banana - Whole Peanut Butter - .75oz Spoon/Bag
Lunch	Lunch	Lunch	Lunch	Lunch
Milk - 1% - 8oz Muffin - 1 serving String Cheese - 2oz Carrot - 1/2 cup Yogurt - 4 oz Grapes - 1/2 cup Ranch	Milk - 1% - 8oz Ham & Cheese on Roll Lettuce - 1/4 cup Applesauce - 1/2 cup WG Pretzel GF - .75oz Yogurt - 4 oz Planters Snack Mix - 2oz	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz Tomatoe/Cuc - 1/4 cup WG Animal Cracker - .75oz Peaches - 1/2 cup Yogurt - 4 oz	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz Mixed Fruit - 1/4 cup Hummus - 2oz Ranch	Milk - 1% - 8oz WG Graham Cracker - .75oz Peanut Butter 1.5 oz String Cheese - 1oz Apple Slices- 1/2 cup Peaches - 1/2 cup Bag/Spoon

WG Animal Cracker - .75oz Bag/Spoon	Must/Mayo Bag/Spoon/Baggie	Bag/Spoon	Bag/Spoon	
<b>9/14</b>	<b>9/15</b>	<b>9/16</b>	<b>9/17</b>	<b>9/18</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk - 1% - 8oz Bagel - 2.3oz Orange - Whole Cream Cheese Bag/Spoon/Baggie	Milk - 1% - 8oz Cheerios - 1oz Orange Juice - 6oz Greek Yogurt - 5.3oz Bag/Spoon	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Banana - 1/2 cup Peanut Butter Bag/Spoon/Baggie	Milk - 1% - 8oz Kix - 2oz Peaches - 1/2 cup Bag/Spoon	Choc Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Orange Juice - 6oz Peanut Butter Bag/Spoon/Baggie
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk - 1% - 8oz Muffin - 1 serving String Cheese - 2oz Carrot - 1/2 cup Yogurt - 4 oz Grapes - 1/2 cup Ranch Bag/Spoon	Milk - 1% - 8oz Ham & Cheese on Roll Lettuce - 1/4 cup Apple Slices - 1/2 cup WG Pretzel GF - .75oz Peanut Butter - .75oz Planters Snack Mix - 2oz Must/Mayo Bag/Spoon/Baggie	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz Tomatoe/Cuc - 1/4 cup WG Animal Cracker - .75oz Peaches - 1/2 cup Yogurt - 4 oz Bag/Spoon	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz Mixed Fruit - 1/4 cup Hummus - 2oz Ranch Bag/Spoon	Milk - 1% - 8oz WG Graham Cracker - .75oz Peanut Butter 1.5 oz String Cheese - 1oz Apple Slices- 1/2 cup Peaches - 1/2 cup Yogurt - 4 oz Bag/Spoon
<b>9/21</b>	<b>9/22</b>	<b>9/23</b>	<b>9/24</b>	<b>9/25</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk - 1% - 8oz Cheerios - 1oz Orange Juice - 6oz Greek Yogurt - 5.3oz Bag/Spoon	Choc Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Orange - Whole Peanut Butter Bag/Spoon/Baggie	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Mixed Fruit- 1/2 cup Bag/Spoon	Milk - 1% - 8oz Kix - 1oz Banana - Whole Peanut Butter Bag/Spoon	Milk - 1% - 8oz Bagel - 2.3oz Orange Juice - 6oz Cream Cheese Bag/Spoon/Baggie
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk - 1% - 8oz Turkey & Cheese Wrap Lettuce - 1/4 cup Peaches - 1/2 cup Yogurt - 4 oz Planter Snack Mix - 2oz Must/Mayo	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz Mixed Fruit - 1/4 cup Hummus - 2oz Ranch	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz Tomatoe/Cuc - 1/4 cup Peaches - 1/2 cup WG Ched Goldfish - 1.5oz Yogurt - 4 oz	Milk - 1% - 8oz Muffin - 1 serving String Cheese - 2oz Grapes - 1/2 cup Peaches - 1/2 cup WG Pretzel GF - .75oz Bag/Spoon	Milk - 1% - 8oz WG Cheerios - 1oz Carrots - 1/2 cup Apple Slices- 1/2 cup Peanut Butter 1.5 oz Cheddar Cheese - 1 oz Ranch

Bag/Spoon/Baggie	Bag/Spoon	Bag/Spoon		Bag/Spoon
<b>9/28</b>	<b>9/29</b>	<b>9/30</b>		
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>		
Choc Milk - 1% - 8oz Bagel - 2.3oz Banana - Whole Cream Cheese Peanut Butter Bag/Spoon/Baggie	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Mixed Fruit - 1/2 cup Bag/Spoon	Milk - 1% - 8oz Kix - 1oz Orange Juice - 6oz Bag/Spoon		
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>		
Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz String Cheese - 2oz WG Ched Goldfish - 1.5oz Carrot - 1/2 cup Peaches - 1/2 cup Ranch Bag/Spoon	Milk - 1% - 8oz Ham & Cheese on Roll Lettuce - 1/4 cup WG Ched Goldfish - 1.5oz Grapes - 1/2 cup Yogurt - 4 oz Must/Mayo Bag/Spoon/Baggie	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz Mixed Fruit - 1/4 cup Hummus - 2oz Ranch Bag/Spoon		

## October

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>10/1</b>	<b>10/2</b>
			<b>Breakfast</b>	<b>Breakfast</b>
			Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Orange Juice - 6oz Bag/Spoon	Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Banana - Whole Peanut Butter Bag/Spoon/Baggie
			<b>Lunch</b>	<b>Lunch</b>
			Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz WG Pretzel GF - .75oz	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Mixed Fruit - 1/4 cup Carrots - 1/2 cup

			Tomatoe/Cuc - 1/4 cup Peaches - 1/2 cup Yogurt - 4oz Bag/Spoon	Yogurt - 4 oz Cheddar Cheese - 1oz Ranch Bag/Spoon
<b>10/5</b>	<b>10/6</b>	<b>10/7</b>	<b>10/8</b>	<b>10/9</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choc Milk - 1% - 8oz Bagel - 2.3oz Orange - Whole Cream Cheese Bag/Spoon/Baggie	Milk - 1% - 8oz Cheerios - 1oz Orange Juice - 6oz Bag/Spoon	Milk - 1% - 8oz Rice Krispies - 1oz Banana - Whole Peanut Butter Bag/Spoon	Milk - 1% - 8oz Kix - 1oz Mixed Fruit - 1/2 cup Bag/Spoon	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Orange Juice - 6oz Greek Yogurt - 5.3oz Bag/Spoon
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk - 1% - 8oz Muffin - 1 serving String Cheese - 2oz Carrot - 1/2 cup Yogurt - 4 oz Grapes - 1/2 cup Ranch Bag/Spoon	Milk - 1% - 8oz Ham & Cheese on Roll Lettuce - 1/4 cup Applesauce - 1/2 cup WG Pretzel GF - .75oz Yogurt - 4 oz Planter Snack Mix - 2oz Must/Mayo Bag/Spoon/Baggie	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz Tomatoe/Cuc - 1/4 cup WG Animal Cracker - .75oz Peaches - 1/2 cup Yogurt Bag/Spoon	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz Mixed Fruit - 1/4 cup Hummus - 2oz Ranch Bag/Spoon	Milk - 1% - 8oz WG Graham Cracker - .75oz Peanut Butter 1.5 oz String Cheese - 1oz Apple Slices- 1/2 cup Peaches - 1/2 cup Yogurt Bag/Spoon
<b>10/12</b>	<b>10/13</b>	<b>10/14</b>	<b>10/15</b>	<b>10/16</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk - 1% - 8oz Cheerios - 1oz Orange Juice - 6oz Bag/Spoon	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Orange - Whole Greek Yogurt - 5.3oz Bag/Spoon	Choc Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Applesauce - 1/2 cup Peanut Butter - .75oz Bag/Spoon/Baggie	Milk - 1% - 8oz Kix - 1oz Banana - Whole Peanut Butter Bag/Spoon	Milk - 1% - 8oz Bagel - 2.3oz Orange Juice - 6oz Cream Cheese Bag/Spoon/Baggie
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk - 1% - 8oz Turkey & Cheese Wrap Lettuce - 1/4 cup Peaches - 1/2 cup	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz Tomatoe/Cuc - 1/4 cup	Milk - 1% - 8oz Muffin - 1 serving String Cheese - 2oz Grapes - 1/2 cup	Milk - 1% - 8oz WG Cheerios - 1oz Carrots - 1/2 cup Apple Slices- 1/2 cup

Yogurt - 4 oz WG Ched Goldfish - 1.5oz Must/Mayo Bag/Spoon/Baggie	Mixed Fruit - 1/4 cup Hummus - 2oz Ranch Bag/Spoon	Peaches - 1/2 cup WG Ched Goldfish - 1.5oz Planter Snack Mix - 2oz Bag/Spoon	Peaches - 1/2 cup WG Pretzel GF - .75oz Bag/Spoon	Peanut Butter 1.5 oz Cheddar Cheese - 1 oz Ranch Bag/Spoon
<b>10/19</b>	<b>10/20</b>	<b>10/21</b>	<b>10/22</b>	<b>10/23</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choc Milk - 1% - 8oz Bagel - 2.3oz Banana - Whole Cream Cheese Peanut Butter - .75oz Bag/Spoon/Baggie	Milk - 1% - 8oz Kix - 1oz Mixed Fruit - 1/2 cup Bag/Spoon	Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz Orange Juice - 6oz Greek Yogurt - 5.3oz Bag/Spoon	Milk - 1% - 8oz Cinn Raisin Bread - 2 Slices Orange - Whole Peanut Butter Bag/Spoon/Baggie	Milk - 1% - 8oz Cheerios - 1oz Orange Juice - 6oz Bag/Spoon
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk - 1% - 8oz RS Cinn Toast Crunch - 1oz String Cheese - 2oz WG Ched Goldfish - 1.5oz Carrot - 1/2 cup Peaches - 1/2 cup Ranch Bag/Spoon	Milk - 1% - 8oz Ham & Cheese on Roll Lettuce - 1/4 cup WG Ched Goldfish - 1.5oz Grapes - 1/2 cup Yogurt - 4 oz Must/Mayo Bag/Spoon/Baggie	Milk - 1% - 8oz PB&J Sandwich Carrots - 1/2 cup WG Pretzel - .7oz Mixed Fruit - 1/4 cup Hummus - 2oz Ranch Bag/Spoon	Milk - 1% - 8oz WG Pasta - 1/2 cup Cheddar Cheese - 2oz WG Animal Cracker - .75oz Tomatoe/Cuc - 1/4 cup Peaches - 1/2 cup Planter Snack Mix - 2oz Bag/Spoon	Milk - 1% - 8oz Muffin - 1 serving Applesauce - 1/2 cup String Cheese - 1oz Yogurt - 4 oz Carrots - 1/2 cup Ranch WG Graham Cracker - .75oz Bag/Spoon